

## Delivering the Native American Message Quarterly Update



## Where have all the Native Americans gone???

### Santee Community School's very own.....

### Dakota Language Students—FIRST PLACE

*Ruth Bathke, Santee Community Schools*

Ten Dakota Language high school students from Santee Community School travelled to Norman, Oklahoma, March 31-April 2 to participate in the Indigenous Language Fair. They received first place in the competition and championed by their instructor Redwing Thomas. Over 1,000 participants and twenty-seven languages were presented at the competition. The Santee students displayed courage, skill, dignity, and respect and judged by a panel of Native elders.. Mr. Thomas said, "the students marched in as one speaking Dakota. They named their body parts head to toe and then spoke as one voice and then giving a translation of what they has said."

"I stand before you as a Dakota. We all are Dakota. I am learning my language so in the future the people will speak. The Dakota, Lakota, and the Nakota people shall be as one once again. I cherish my Dakota ways and this is why I am before you. Look at me; I am Dakota. We are the Dakota! One elderly woman put it this way, "just like the Sioux to make themselves known!" The students did



*They represented us all very well. They marked in as "one", spoke as "one" and shared the victory as "one".*

very well and everyone is very proud of them; the school, their families, the Santee Sioux Nation.

The name of their presentation was "Operation Bring Our Language Back." the Santee Sioux National H.E.A.R.T. Program provided financial assistance and support to make this trip possible for the students. Santee community School provided a bus, drivers and staff substitutes. Jay Canning, Marvel Handboy, and Kelsey medina

also accompanied them. Traveling twenty hours with drivers Melvin Pike and Cindy Lempke, Next year they plan to defend their title.

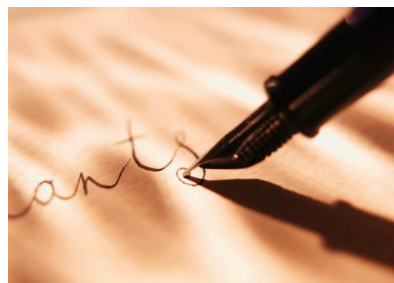


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## National At-Risk Education Network is looking for writers

Crystal England, is calling for writers for the Spring Edition of *Silhouettes* , official quarterly publication of the National At-Risk Education Network. The purpose of this professional publication to collaborate with colleagues and help them help our Shadow Children in one another schools. It is not time to be shy, and it can only help your professional resume to be published in this professional journal for at-risk educators. Think of the value of spreading across the USA viable ideas about effective programs (yes, brag up your program) and clever practices that work!



Please send your article to Crystal England at [CrystalMEngland@aol.com](mailto:CrystalMEngland@aol.com)

First step: Email her right away (now) with your article idea/title. Second step: She will contact you and say yay or nay. Then, third step is to write your article and get it in by the date she gives you. (Multiple authors are welcome.)

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## **A VERY SPECIAL MASTERS DEGREE - Totally ONLINE and ACCREDITED, too.** **National At-Risk Education Network** ***Differentiated Instruction for At-risk Learners (DIAL) Masters***

DIAL is a 21 month, 30 credit program for educators who want to be more than just a certified teacher. DIAL is for educators who want to be part of a like-minded group of developing, strong professionals. You may take all the courses for your Masters, or just take one you want or need with an existing cohort group. If you want to be part of a team of professional educators who know what they are doing and why, then sign up! Marian is currently accepting enrollment for the Summer and Fall Terms. We will get you the information you need to sign up or more information before you decide if you want to. We are glad to get literature to you, and the right phone numbers to call - saving you valuable time.

Email us at [amy@naren.info](mailto:amy@naren.info):

- 1) Name
- 2) Home email address
- 3) Telephone
- 4) Home Street Address

And put " *I want DIAL Info* " in the Subject Line

**LEWIS- CLARK STATE COLLEGE**

**4th Annual Summer Institute for Effective Teaching of American Indian Students  
June 23-26, Lewiston Idaho**

**Target Audience:** *Teachers, School Administrators, School paraprofessionals, School Counselors, Indian Education Coordinators/Staff, JOM committee members, School Board Members and Parent Committee Members of school systems that serve a significant number of American Indian Students.*

**4 Day Summer Registration Fee: \$175/ Per Person**

Limited to 60 Participants, Registration Deadline: **May 30th, 2008**

**(2) In-Service or Professional Development College Credits available**

**Workshop Highlights**

Teacher Idea Exchange

Cultural Curriculum Development Ideas

Best Practices – Diversifying Instructional Styles

Salmon BBQ/Cultural Entertainment

Safe Schools Projects

**Exciting Boat Tour:** Conference registration includes payment for a boat tour through the historical landmarks of Hell's Canyon. An exquisite meal will be provided during the tour. A workshop development activity will be based on the day long tour. For More Information, Contact: Bill Hayne, (208) 792-2080, email ([bhayne@lcsc.edu](mailto:bhayne@lcsc.edu)) or fax (208) 792-2728



<http://www.nsta.org/academy/>

Amgen/New Science Teacher Academy Foundation is a professional development initiative created to help promote quality science teaching, enhance teacher confidence and classroom excellence. Maximum Award: program expenses. Eligibility: middle or high school science teachers entering their second or third year of teaching, working a schedule with 51 percent of their classes in science. Deadline: May 23, 2008.



K-12 teacher teams

A professional development for arts integration in theater, music, dance, literary and visual arts. Work with nationally known presenters to better understand arts integration and successfully plan lessons that can be used in your classroom

**ArtREACH Summer Institute**

**"The Arts As Tools for Learning: Arts Integration in Practice"**

**June 2-4, 2008, Lied Center, University of Nebraska-Lincoln**



Call for Presenter forms  
available at  
<http://www.nde.state.ne.us/NATIVEAMER>

**Celebrate Diversity**  
**September 22, 2008**  
**Chadron State College**  
**Keynote: Larry Brendtro**

**Native American Symposium**  
**November 13, 2008**  
**Wayne State College**  
**Keynote: Kevin Locke**

**Special Symposium Guest**  
**Speaker/Presenter**  
**Nebraska Teacher of the Year**  
**Mary Schlieder**  
**Norris High School**

## **Gallery of Stars Native American Student Nominations**

### **Student Leader Nominations-Announcement** **10th Annual Native American Symposium**

Our symposiums encourage teachers, students and communities to consider how quality education with an integration of culture can improve the future of the children we serve. With this idea in mind, we want to highlight the leadership efforts of Native American students, 9th grade or higher, in Nebraska. The leadership can be displayed in the classroom, the community, athletics, etc. The Native American Education Office is looking for nominations.

Nomination packets should include:

1. Nomination form
2. Biography form
3. Digital Photo
4. Release Form

**Student Nomination**  
**packets and all criteria are**  
**available at our website.**

We hope to have a broad representation of the Native American students from across Nebraska. Students that are nominated will be presented on posters posted throughout the symposium and a brief biography will be included in the



**June 11-13, 2008**

**Norfolk Middle School**

<http://nebraskamiddlelevelacademy.org> (registration online NOW)

The 20<sup>th</sup> Annual Nebraska Middle Level Academy will be held at Norfolk Middle School in Norfolk, Nebraska on June \*11, 12, & 13, 2008. This two day program provides middle level educators (grades 4-9) the opportunity to work on practical, proven, day-to-day activities that are effective in the education of the early adolescent. This year's academy has been designed specifically to provide hands-on, as well as pragmatic middle level component information. Nebraska Department of Education is a proud sponsor of this event.

*There is a special opportunity for people who register for the Academy this year to attend a FREE Pre-Conference session on June 11, 2008!*

**Dr. Jamie C. Chambers**

(sponsored by the Nebraska Department of Education)

**Life Space Crisis Intervention**

**\*Life Space Crisis Intervention Overview:**

Traditional crisis intervention relies on de-escalation, restraint, exclusion, and zero tolerance to manage volatile behavior. Such methods may establish order, but these interventions alone do not help youth correct their chronic patterns of self-defeating behavior. Youth professionals are now being challenged to develop positive behavioral interventions. Dr. Chambers presents an overview of Life Space Crisis Intervention that provides the next generation of advanced reclaiming skills to enable professionals to move beyond a narrow dependence on containment, coercion and exclusion.

(LSCI) is a strategy for using crisis situations as opportunities to help students learn alternatives to patterns of aggressive, disrespectful, or self-demeaning behavior. LSCI is being successfully used by teachers, counselors, alternative and special educators, mental health and juvenile justice staff, residential child care professionals, administrators, and others who deal directly with youth in conflict in family, school and community. LSCI blends psycho-dynamic, cognitive, behavioral and pro-social methods to develop powerful teaching interventions for our most challenging youth. This workshop offers practical skills for success with our most challenging children and youth. The overview is grounded in resilience research showing that inner strengths and external supports are essential for positive youth development. Participants will address the problems of bullying and violence, racism, substance abuse, families in crisis, and other troubling behaviors.

Some of our topics will include:

Handhelds in the Classroom  
Supporting ELL Student Needs  
Working With Difficult Parents  
Creating Students Who Love to Write  
Culture of Poverty

SPED for the Regular Education Teacher  
What Do You Do When Students Fail?  
Graduate Study  
Effective Vocabulary Instruction

**and much, much more.....**



Nebraska Department  
of Education

## Sponsored workshops

Whole Faculty Study Group

### Whole Faculty Study Groups Level I

June 2-4, 2008, Kearney

Individual WFSGs are [professional learning communities](#) that strive to increase student learning by engaging in cycles of action research driven by data and put into practice what teachers have been trained to do.

Alice Senseney [alice.senseney@nde.ne.gov](mailto:alice.senseney@nde.ne.gov)

Jolene Palmer [jolene.palmer@nde.ne.gov](mailto:jolene.palmer@nde.ne.gov)

Website registration: <http://www.nde.state.ne.us/WFSG/index.htm>

B.E.S.T. Training

### 4th Annual Positive Behavior Support Conference

June 10-11, 2008

B.E.S.T. (Building Effective Schools Together) Practices is a research-based and research-proven method for increasing student safety; enhancing school culture; and improving student outcomes, both academic and social-behavioral

Jolene Palmer [jolene.palmer@nde.ne.gov](mailto:jolene.palmer@nde.ne.gov)

Website registration <http://www.nde.state.ne.us/BEST>

### Nebraska Career Education Conference 2008

June 10-11, 2008, Holiday Inn, Kearney

Keynotes

Dr. Rick Rigsby, Dr. Doug Christensen

<http://www.nceconference.com/>

The NCE Conference is held Monday through Wednesday. Monday is a Preconference day, loaded with lots of interesting workshops from which you can choose. Tuesday and Wednesday are dedicated to our keynote speakers and sessions related to specific career fields designed around the following themes: Best Practices,, Collaboration and Partnerships, Planning and Management, Teaching Strategies, Technology and Tools

### Birth-Five Early Childhood Summer Conference

June 17-18, 2008, Holiday Inn, Kearney

Deadline: May 23

Carol Puffer

[carol.puffer@nde.ne.gov](mailto:carol.puffer@nde.ne.gov)

Jan Thelan

[jan.thelan@nde.ne.gov](mailto:jan.thelan@nde.ne.gov)

Joan Luebbers

[joan.luebbers@nde.ne.gov](mailto:joan.luebbers@nde.ne.gov)





### Reclaiming Youth International (South Dakota)

[www.reclaiming.com](http://www.reclaiming.com) for more information

Circle of Courage Foundations	June 21
Response Ability Pathways	June 25-27
Developmental Audit Training	June 25-26
Reclaiming Youth Conference	June 21-24
Life Space Crisis	July 16-20



**July 8-10, Rapid City, SD**

The goals of the conference are: 1) To discuss the progress of the Executive Order 13336 and EO report. 2) To provide a forum on current research

in Indian education, 3) To engage and discuss research based projects suitable for replication, 4) To provide an opportunity to discuss policies, principles, and plans for Indian education at the federal, state, tribal, and local levels, 5) To showcase successful collaborative interagency partnerships in Indian education and 6) To reveal the latest and most innovative

Summer Institutes 2008

### Teaching for Excellence Peak Performance

June and July, 2008—Vail, CO

[www.peaklearn.com](http://www.peaklearn.com)

- Teaching and assessment strategies that significantly raise achievement
- Classroom curriculum approaches that accelerate and deepen learning
- Ways to improve learning and exceed standards
- Decision screens used by the most effective teachers
- Techniques that ensure success with the best strategies to effectively work with difficult learners



**39th Annual NIEA  
Convention**  
*"Crossroads: Pulling  
Together Our Indigenous  
Knowledge"*  
**October 23-26, Seattle WA**

Keynotes:

Cassandra Manuelto-Kervliet

Sherman Alexie, Jr.

Billy Frank, Jr.

Coach Dale Brown

#### Important Application Deadlines:

Board Nominees: [July 25](#)

Workshop Proposals: [August 22](#) \*

Annual Awards: [August 25](#) +

Scholastic Scholarship Application: [September 8](#)

Trade Show Application: [September 8](#)

Program Ads: [September 15](#)

Sponsorships: [September 23](#)

Pre-Registration: [September 26](#)

Resolutions: [October 8](#)

Registration is OPEN

**Awards, scholarship and call for presenters**

<http://www.niea.org/events/overview.php>



NCCREST has numerous valuable resources for educators FREE online in Acrobat format. Visit their website at [www.nccrest.org/publications/briefs.html](http://www.nccrest.org/publications/briefs.html).

### A few samples

*A Cultural, Linguistic and Ecological Framework for Response to Intervention with English Language Learners.* From the U.S. Department of Education. This publication is looking through the lens of culturally responsive practice, consider how best to implement Response to Intervention (RTI) in a way that will provide equitable educational opportunity for students who are English Language Learners.

*Becoming Culturally Responsive Educators: Rethinking Teacher Education Pedagogy.*

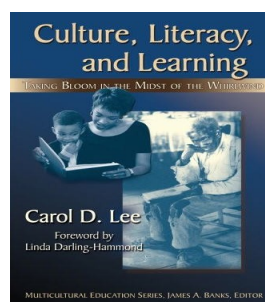
*Addressing Diversity in Schools: Culturally Responsive Pedagogy*

*Culturally Responsive Literacy Instruction*

### On-line Teacher Resources

In an e-newsletter published in January, [edweek.org](http://edweek.org) made an important requests to educators: get real about race.

We would also like to encourage you this month to "get real about culture." As the school year is winding down, we recommend you pick up Carol Lee's new book *Culture Literacy and Learning*. Lee gives the reader a framework for teaching from a culturally responsive perspective using, what she calls, Cultural Modeling. Cultural modeling takes advantage of the competencies that the students already have from their daily practices. For example,



Courtesy of edweek

teachers could incorporate students? knowledge of hip hop and African American English Vernacular. These competencies are used to teach and learn complex literary texts. The author uses real moments from her experience in the classroom, describing how the students' cultural competencies enrich their learning

and understanding of literacy. Lee also explores the function of how students? cultures should be the center of learning for any subject matter. This book is recommended for practitioners, individuals in leadership positions, and researchers.

*Motivating American Indian Studies in Science and Math.* <http://www.ericdigests.org/>, search for digest #ED296812

*Mathematic Lesson Interactions and contexts for American Indian Students in Plains Region Schools: An Exploratory Study* (pdf at the bottom of the page) <http://www.mcrel.org/topics/products/228/>

*Navajo String figures & Mathematics*--just the citation and abstract unfortunately.

<http://www.ericdigests.org/>, search for digest #EJ386055

*NSF Funds Study Into Utilizing American Indian Symbols to Teach Mathematics* [http://campusapps.fullerton.edu/news/research/2004/indian\\_symbols.html](http://campusapps.fullerton.edu/news/research/2004/indian_symbols.html)

*Pathways to Possibilities: Supporting the Transition of American Indian High School Youth*

<http://ici1.umn.edu/etc/projects/pathways.htm>

*Ethnomathematics.* <http://www.ethnomath.org/search/browseResources.asp?type=cultural&id=75>

*Tribal College Journal Resources for teaching math and science.* <http://www.tribalcollegejournal.org/themag/backissues/fall98/fall98resource.html>

*Indigenous Education Institute.* <http://www.indigenouseducation.org/about.html>

*In what sense is it true to claim that mathematics is culture-free?* <http://math.unipa.it/>



## International Education

<http://www.unforkids.com>

This website has a lot of multimedia for teachers. **These PDF, PowerPoint, and Word maps and flags are free to download and use**, and are based on government data and satellite maps. There are 191 countries, the entire UN membership is represented. The available information for each country includes:

- **Email for the UN Ambassador** for each country (if available)
- Link to **UN Mission** (if available)
- Link to **Government** website (if available)

• Links to **Wikipedia, CIA Factbook**, and **UNCyberSchoolbus**

- **Full color flags (PDF)** in letter and tabloid size
- **Full color maps (PDF)** in perspective global view and political view
- **Outline flags (PDF)** that students can color in
- **Outline maps (PDF)** that students can color and label themselves
- **Full color cutout flags** for mounting on a straw or dowel

• **Outline cutout flags** for coloring in and mounting on a straw or dowel

- Full color maps and flags in **Microsoft Word** Format
- Full color maps and flags in **Microsoft PowerPoint** format
- **Lesson Plans**

These maps are detailed enough to be used in college lectures, but easy enough to read by Kindergarteners. The PDF format means these maps and flags can be scaled up in size to an almost infinite size for larger printing.

## Highlights for High Schools: How to Bring MIT Curriculum to Your Classroom

**Educators can access the prestigious university's free course materials on the Web.**

by [Sara Ring](#), edutopia magazine

High school teachers looking to reinforce their curriculum and knowledge base can now tap into the course materials faculty use at the Massachusetts Institute of Technology. A new online program called [Highlights for High School](#) -- part of the interdisciplinary [OpenCourseWare](#) system MIT launched six years ago -- gives educators and students free Web access to the esteemed university's introductory courses and related tools, such as Advanced Placement test preparation, video demonstrations, and lab experiments. High school teachers at any level may use these

resources to supplement their lesson plans, in-class activities, homework assignments, and reading lists. Read the entire article at <http://www.edutopia.org/MIT-curriculum-high-school>



More with MIT:  
Rebekka Stone uses Highlights for High Schools to inspire her students.  
Credit courtesy of Alma Trinidad

## **Toshiba of America offering grants for Math and Science**

*Deadline August 1*

The Toshiba America Foundation makes grants for projects in math and science designed by classroom teachers to improve instruction for students in grades K-12. Maximum Award: \$10,000. Eligibility: Grades K-12. Deadline: Decisions about grants under \$5,000 (K-6: \$1,000) are made on a rolling basis and applications are accepted throughout the year. Deadline for large grants grades 7-12: August 1, 2008. <http://www.toshiba.com/tafpub/jsp/home/default.jsp>



## **Musical Instruments for Existing K-12 Music Programs**

*Deadline August 1*    <http://www.mhopus.org/apply.htm..jsp>

Mr. Holland's Opus Melody Program provides musical instruments and instrument repairs to existing K-12 school music programs that have no other source of financing additional musical instruments and materials. Eligibility: music programs that take place during the regular school day. Schools must have an established instrumental music program (i.e., concert band, marching band, jazz band and/or orchestra) that is at least three years old. Maximum

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## **National Indian Education Association and the National Johnson O'Malley Association Survey**

The National Indian Education Association and the National Johnson O'Malley Association are in the process of collecting information regarding Johnson O'Malley (JOM) programs and funding. NIEA and NJOM jointly request that all tribes and/or schools that receive JOM funds respond to this survey so that we have the information necessary when meeting with Members and key staff in Congress and the Administration to justify funding for the program in the Interior appropriations bill for FY 2009. As many of you know, the President's FY 2009 proposed budget recommends ELIMINATION of the program. **Responses may be sent to [NIEA@niea.org](mailto:NIEA@niea.org) by May 23rd, 2008.**

Please provide answers to the following questions:

1. What is the name of Tribe/School/School District?
2. What is the number of students served by the Johnson O'Malley program?
3. What services are provided under the Johnson O'Malley program?
4. Do you have access to other sources of funding to provide services currently funded by JOM?
5. Did you receive JOM funds in 1995 or prior? If yes, has your student count increased, decreased, or remained the same?



## Special Graduation at Omaha Nation

*Darlene Crogan*

As the senior sponsor this year, both my students and myself learned about the Omaha culture. If you want to see a sample of the traditions that we learned about come to the Omaha Nation graduation on May 10th at 6:00 P.M. The caps will have bead work, the gowns will have ribbon work, after the design was done the kids found out that there used to be a meaning behind it the designs. On the gowns there will be ten points, they represent the ten clans. Accident on the part of the designer, but I pointed out to her that it was meant to be. I could go on and on about what we have learned together. Visit with me if you get a chance. We would love to see you here also. If not I will have lots of pictures. My Seniors have been working very hard.



## College Horizons, 2008

June 14-18, Duke University    June 28-July, Lawrence University

**A pre-College workshop for Native American Students**

[College Horizons](http://www.collegehorizons.org) is a pre-college workshop for Native American Students giving you a five-day 'crash course' in preparing for college. Expert college counselors, teamed up with admission officers, will help you to:

- Select colleges suitable for you
- Complete winning applications and write memorable essays
- Learn what turns an applicant into an admitted student
- Become a test-prep 'whiz kid'
- Find your way through the financial aid/scholarship jungle
- Enrolled Native American
- Current sophomores and juniors with a minimum GPA of 3.0 (in academic courses)

Limited to 90 participants to each site so register early at [www.collegehorizons.org](http://www.collegehorizons.org).

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## Spend the Night in the Wild

Winnebago Public Schools enjoyed this **FREE** grant opportunity



Ed-Zoo-Cation for rural students is made possible by a free grant from BlueCross BlueShield of Nebraska. It is an overnight experience that includes several classes, and evening and morning hikes by student educators. Students can enjoy the zoo after the workshop. All food costs are the responsible of the school.

Mary Ellen Olsson from Winnebago reported the students had a fantastic time and encourages others to contact Shannon at [shannonb@omahazoo.com](mailto:shannonb@omahazoo.com).

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## Expanding the Circle: Respecting the Past & Preparing for the Future

June 7-21, 2008; Deadline May 23, 2008

### Workshops for High School to College Transition

Expanding the Circle: Respecting the Past & Preparing for the Future, is a two-week residential summer program for Native American students who are currently in their junior or senior year of high school and who are planning to pursue a post-secondary degree. The Expanding the Circle curriculum is designed to offer a structured process and a set of culturally relevant activities that will facilitate successful transition for Native high school students to whichever institution of higher education they plan to attend.

Students selected to participate will travel to the Institute of American Indian Arts (IAIA) in Santa Fe, New Mexico where they will be housed in IAIA dorms for the length of the program. Each day is planned to provide participants with activities and workshops that focus on subjects such as: family history, community history, identifying support systems, learning styles, goal setting, time management, self-advocacy, organization skills, problem solving, living with roommates, transition planning and many more. After a busy day, participants have the opportunity to take part in fun activities and field trips to areas in and around Santa Fe.

Five ETC College Mentors will be on staff to assist participants throughout the program. ETC College Mentors are full-time students who have made a successful transition from high school to college.

This year we are pleased to have ETC Alumni join the ranks of our college mentors. In providing program mentors we hope to offer participants a more current and realistic perspective of life after high school.

A fairly new addition to the program is the leadership camp held the weekend of June 14 and June 15. We have teamed up with the Santa Fe Mountain Center Native American Emergence Program who will challenge the ETC group to take part in high ropes events and other fun learning activities. Participants will camp out overnight at the Santa Fe Mountain Center in Tesuque, NM. During our time at the camp participants will work to establish team development, trust and leadership which will encourage self-discovery.

We have 20 program scholarships available for students to participate in this year's Expanding the Circle. Scholarships cover a participant's room & board, workshop materials and other fees associated with the program. Transportation can be provided for students residing in NM.

If you are, or know of a student who would benefit from a program which helps prepare students for the dramatic changes that occur when pursuing post-secondary education, please have them contact: Alissa Chavez at 1-800-804-6422 ext. 2341 or [achavez@iaia.edu](mailto:achavez@iaia.edu) for more information or for an application. Information can also be accessed at our web-site [www.iaia.edu](http://www.iaia.edu), click on Expanding the Circle. **Deadline for ETC applications is May 23, 2008.**

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*Continue Student Corner*

**YOUR FUTURE IS  
NOT A CLOSED DOOR**

**UNLOCK YOUR POTENTIAL**

Unlocking the Potential for Success s (UPS) open the door to an education and degree from Nebraska's independent college. Nebraska youth (grades 10-12) living in the state foster care system or Nebraska youth (grades 10-12) of Native American decent.



- **GET SCHOLARSHIP**
- **LEARN FINANCIAL ASSISTANCE**
- **LIVE THE COLLEGE EXPERIENCE**
- **MAKE CONNECTION**
- **GET INVOLVED**

**AUGUST 14, 2008  
ASHLAND**

Registration Deadline:  
July 1

[www.nebraskachildren.org](http://www.nebraskachildren.org)  
402-817-2003

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[March was National Nutrition Month](#). The American Dietetic Association created the campaign to provide education and information about making healthy choices in food and exercise. Their website offers [games and quizzes](#) to test your knowledge and provide information about health and nutrition. Nutritional understanding, meal planning and physical fitness are important factors that impact the well-being of children and adults. To make this a daily practice, families can take care of their health together by making meal time educational. You can plan, shop and cook together. After meal time, you could go outside and play a game, take a walk or ride bikes. Healthy living is contagious. The more informed your decisions are about eating and exercising, the more you can encourage others to make healthy decisions. [http://www.eatright.org/cps/rde/xchg/ada/hs.xsl/NNM\\_2007\\_home.htm](http://www.eatright.org/cps/rde/xchg/ada/hs.xsl/NNM_2007_home.htm)



**American Dietetic Association  
Campaign on Healthy Choices**  
*Excerpt for EquiNews, NCCRESt, March 2008*

## **And a word from the National Center for Disease Prevention**

"Diabetes is a disease that affects millions of people and their families. This section will provide basic information on diabetes and its complications and tips on how to be active, eat right, and prevent diabetes."

The quote above is from the National Center for Chronic Disease Prevention and Health Promotion website section that provides extensive information for children and adults about how to create a healthy lifestyle for preventing and living with diabetes. The Diabetes and Me section can be accessed at <http://www.cdc.gov/diabetes/consumer/index.htm>.

Last month we featured information about the Eagle Books that can be used to teach children about diabetes. These books are available from the National Center for Chronic Disease Prevention and Health Promotion website. Further information regarding these books and the teacher's guide can be accessed at <http://www.cdc.gov/diabetes/pubs/eagle.htm>.

One of the great children's features of the website is "The Eagle's Nest." This interactive page lets students learn more about the disease of diabetes in an fun and interesting way so that they will know how to take care of themselves or help friends and family members take care of themselves.



## Back Page Notes

Carol Rempp

Every once in a while a leader comes along who stands for an ideal. He or she promotes the ideal because it is right. Education is a difficult area to have ideals as administrators because superintendents and principals have school boards and the public to answer to and standing for an ideal can create difficult working environments if they do not agree with your ideals.

The ideal of every administrator, teacher, school board member ought to stand for is doing what is best for kids. I have been lucky enough in my life to learn from and work with some people like this. I grew up with a dad who had integrity, principles, and compassion for both students and the staff he worked with. He always based his decisions on what he thought was best for kids not just what made them happy or life easy but what would benefit them in the long run. I didn't always agree with him but looking back now I know he did the right thing and made some tough decisions because of his ideals.

The further up the food chain you go get, the harder it can be to work towards your ideals. Supporters can be lost. Detractors are everywhere. And yet, some people continue to work towards what they believe is best for kids.

I am very thankful for these years I have had here at the Nebraska Department of Education with Commissioner Christensen. I have not always agreed with him but I do respect him. I admire his dedication to doing what is best for kids. Agree or disagree with decisions he has made, at the heart has been our children, your children, every single child in Nebraska. Not what will make them happy right now or what is easiest to do but what is best for their future.

We are fortunate to have the best educators in the country here in Nebraska. They have put a lot of hard work and dedication into creating standards, curriculum and assessment systems that are best for the students they see every day and they have done it with the support and dedication of a Commissioner who believed in them because he stood for his ideals.

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#### Submission Policy

Photos must be accompanied by a permission to reprint statement, especially if they contain students or are professional photos. Photos can be sent in jpg format. Photos will not be returned and become part of the newsletter historical files.

Items will be included dependent upon space available and order in which received.

Advertising will be done for school/student activities and will only be included if space allows.

We reserve the right to edit submission for both content and space available.